

# LISBURN CENTRAL PRIMARY SCHOOL AND NURSERY UNIT

Friday Newsletter 25 -02-22

---

*I hope you all had a good half term break. It is good to be back again at school and thankfully cases of covid are low in the school at present.*

*As you are aware the Minister of Health informed the Assembly on 14th February of his decision to move the remaining COVID restrictions into guidance as we begin to move towards a more normal way of life again.*

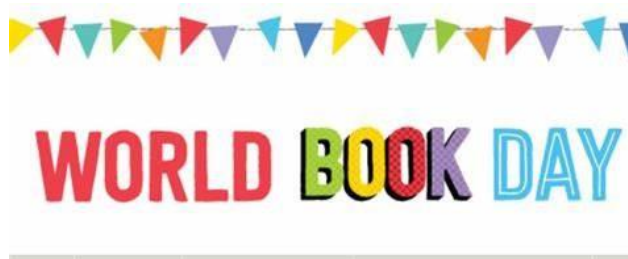
*However, we have been advised by the Department of Education that the guidance for schools has not been impacted by this and remains unchanged at this point. We will therefore, continue to encourage hand washing as usual, and all visitors to school will be encouraged to wear face coverings whilst inside the school building.*

*Again, thank you for continuing to support the measures we have in place to keep our school community as safe as possible.*

*Please keep your child at home if they are unwell and do a lateral flow test if you child has any covid symptoms.*

---

**World Book Day – Thursday 3rd March**



---

*To celebrate 'World Book Day' on Thursday 3 March we are running a competition for all pupils to dress up and come to school as their 'favourite book character'. Lots of prizes available!*

#### ***£1 Book Token.....***

*There is also a £1 book token for every child in the school which can be used against the purchase of books in most shops.*

---

## Healthy Eating



---

*I would like to remind you of our healthy eating policy in Lisburn Central Primary School. Please DO NOT send crisps and chocolate bars to school in your child's lunch box. No fizzy drinks or fruit juices are permitted.*

***Pack a healthy lunch box*** - include fruit/vegetables, sandwiches, yoghurts, cereal bars.

*Most children are participating in our healthy break initiative. I would encourage all of you to take part as this ensures your child has at least one piece of fruit every day. It can be paid for through school money and only costs £2 per week.*

---

## Bad weather

---

*If we are faced with extremely bad weather conditions it may be necessary on rare occasions to close the school.*

### ***This will only occur when:***

---

- it is dangerous to travel in extreme weather conditions; as a result, it may prove difficult to have enough members of staff to fully supervise all children and the subsequent pupil/teacher ratio is too low.*
  - school premises cannot be heated or provision of water for sanitary use/drinking cannot be made.*
  - the Department of Education deem it necessary to close schools.*
- 

*The Principal and the Building Supervisor will monitor weather reports carefully and where possible, try to make a decision about closure the night before. If it becomes evident that school cannot open, parents and staff will be informed by **text message** and notification on our school jotter app. This may be sent the night before or as early as possible the following morning. In addition, the Principal will contact the local media for inclusion within their television and radio reports.*

*Please inform the school of any changes to your contact details.*

---

## School Uniform

---

*Just a reminder that **black shoes** only should be worn to school. Trainers are permitted on P.E days only.*

*P.E tracksuit or plain navy track suit bottoms can be worn on P.E. days - no coloured leggings are permitted.*

*Please also ensure your child has a warm, waterproof coat with them everyday. The weather is still very cold and children require a coat when they are outside at break and lunch times.*

---

## Welcome Miss Speers and Mrs McAdam

---

*Miss Speers will now be teaching Primary 5 every Thursday and Friday. We would like to welcome Miss Speers back to Lisburn Central.*

*Mrs Glenn will continue teaching Primary 5 on Monday, Tuesday and Wednesday.*

*Mrs McAdam is working with us every Thursday to provide support to groups of children in Years 1 to 3.*

---

## Learning Support

---

*We will continue to provide extra support in Literacy and Numeracy for pupils throughout the school. Funding has been provided from the Department of Education through the Engage Programme.*

---

- Mrs McAdam will be taking groups of children in P. 1 to P.3 every Thursday*
  - Miss Speers will work with individual and small groups of children in P.4 and P.5 every Wednesday*
  - Mrs Montgomery will take small groups of children in P.4 - P.6 every Tuesday*
  - Mrs Cromie will provide support to children in P.6 and P.7 every Wednesday.*
- 

*Mrs Anthony will also continue to provide support for children with special educational needs.*

---

## School money



---

### *SCHOOL MONEY PAYMENTS.....*

*If you continue to have any issues booking on or with payments please contact Mrs Bishop at reception.  
All arrears must be cleared before the end of the month.*

***PLEASE REMEMBER...*** all dinners and snack should be booked before 12 midnight on the previous day.

*It would be helpful if you could book and pay for dinners and healthy snack before 12midnight on a  
Sunday night for the following week.*

***Please click below for link to parent guide on schoolmoney:***

[\*School Money Parent Guide\*](#)

---

## Parent/Teacher Interview - P.1

---

*Parent/teacher interviews in Primary One have been rescheduled for week beginning 7th March. These  
will take place via telephone call and you will receive an alternative time shortly. If this does not suit  
please contact the school office.*

---

## Keeping Active

---

*Activity NI are continuing with the Healthy Bodies, Healthy Minds programme for every class in the school. This includes a P.E lesson for the pupils followed by a short session on mindfulness and takes place on Mondays or Thursdays.*

***Monday*** - P.2, P.3, P.4 and P.6

***Thursday*** - Nursery, P.1, P.5, P.7

*Please send your child to school in P.E kit on the appropriate day.*

---

## Parentline NI

---

*Parentline NI have teamed up with Strive NI to deliver a workshop online on Tuesday 8th March 2022 from 7pm to 8pm focussing on anxiety based school avoidance. The workshop will explore reasons why a child or young person may be finding it difficult to attend school, as well as providing practical strategies for parents/carers to support children to return more willingly to the school environment.*

*If interested you can book a place by calling the free helpline on 0808 8020 400.*

---



The poster is for a 'FREE Parent and Carer workshop' titled 'Anxiety based School Avoidance'. It features the 'Parent Line NI' logo at the top right with the phone number '0808 8020 400'. A lightbulb icon is next to the text: 'This online workshop delivered together with Strive NI will explore reasons why a child or young person may be finding it difficult to attend school, as well as providing practical strategies for parents/carers to support children to return more willingly to the school environment.' The date and time are 'Tuesday 8th March 7pm-8pm' and 'Online via Zoom'. At the bottom, it says 'Call now for more information or book your place 0808 8020 400' and includes the 'STRIVE NI' logo and an illustration of a laptop and pencils.

**Parent Line NI**  
0808 8020 400

## Anxiety based School Avoidance

**FREE Parent and Carer workshop**

This online workshop delivered together with **Strive NI** will explore reasons why a child or young person may be finding it difficult to attend school, as well as providing practical strategies for parents/carers to support children to return more willingly to the school environment.

**Tuesday 8th March 7pm-8pm**  
**Online via Zoom**

Call now for more information or book your place  
**0808 8020 400**

**STRIVE NI**

## After school clubs

---

*Our clubs are all up and running again this week. Please remember that in exceptional circumstances when your child cannot stay for their club they need to bring in a **WRITTEN** explanation.*

**Monday** - Lego club (Activity NI)

*Film Club - Mrs Hughes*

**Tuesday** - Scripture Union (Miss Cleland).

**Wednesday** - Football (Burns)

**Thursday** - Dodgeball (Activity NI)

*Football (Mr Stewart)*

**Friday** - Dance (Burns)

*Please ensure your child knows what day they are staying late and the collection arrangements. **All pupils will need to be collected by an adult at 3.50/4:00 pm.** Pupils will be brought to the school gate at the end of clubs.*

**Football club with Mr Stewart** - P.4 and P.5 have 1 more week of football.

P.6 and P.7 begin Football on 10th March.

---

## Dates Ahead

---

**1st March** - Pancake Day

**3rd March** - World Book Day

**7th - 10th March** - Primary One Parent/teacher interviews

**17th March** - school closure

**18th March** - school closure - staff training

**23rd March** - Health and Wellbeing Day P.5 - P.7

**30th March** - 1st April P.7 Residential Trip

**8th April** - school closes at 12:00noon for Easter holidays

---



Look at what is happening in Central





*1 - Valentines disco*





2 - P.1 painting penguins.